

Week 1

Day	Monday	Tuesday	Wednesday	Thursday	Friday
Main Meat Dish	BBQ Chicken and Rice	Baked Potato	Sausage Roast	Lasagne	Cheese and Ham Panini
Vegetarian Choice	BBQ Quorn and Rice	Baked Potato	Quorn Sausage Roast	Vegetable Lasagne	Cheese Panini
Vegetables	Sweetcorn	Baked Beans	Mixed Vegetables	Peas	Fruit
Dessert	Cake or Muffin	Shortbread	Chocolate Cookie	Oat Cookie	Cake or Muffin
Extras		Chilli, Tuna, or Baked Beans and Cheese	Yorkshire Pudding		Crisps

Week 2

Day	Monday	Tuesday	Wednesday	Thursday	Friday
Main Meat Dish	Chicken Curry and Rice	Cottage Pie	Gammon Roast	Macaroni Cheese with Bacon	Chicken Burger
Vegetarian Choice	Vegetable Curry and Rice	Vegetable Cottage Pie	Quorn Fillet Roast	Macaroni Cheese	Spicy Bean Burger
Vegetables	Sweetcorn	Peas	Mixed Vegetables	Broccoli	Fruit Snack
Dessert	Cake or Muffin	Cookie	Shortbread	Flapjack	Cake or Muffin
Extras	Naan bread		Yorkshire Pudding		Crisps